



N.S.N GROUP OF SCHOOLS



CHRONICLES OF THE FIRST TERM 2020-2021

VISION

To take education beyond and build a new World.

MISSION STATEMENT

“To provide wholesome education that nurtures values, develops social skills, enhances experiential learning, leading to development of 21st century skills, provides opportunities to discover self and contribute to the society”.

WHAT'S IN

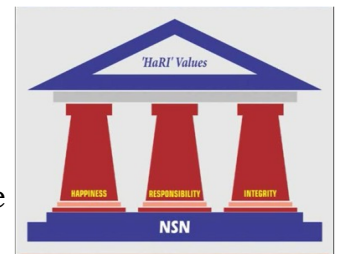
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'HaRI' VALUES

We believe in the core values of Happiness, Responsibility and Integrity and our endeavor is to instill these core values in students to enable them to achieve holistic growth and develop a charming personality. In order to support the HaRI values, we have 50 best practices

<https://www.nsnschools.com/best-practice>.

This year a sum of Rs.95 lacs has been waived towards fee concession/exemption for meritorious students who are economically backward.



A Note from the Editor:

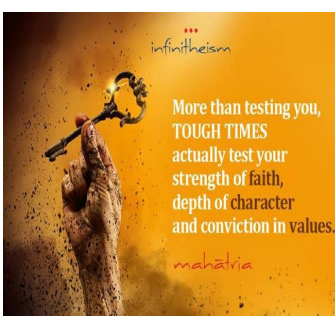
Today we all agree we are living through an unprecedented moment in history. The corona virus pandemic is proving to be the greatest test of emotional intelligence of humanity. While we are trying to keep our children happy as they adapt to online learning, we have also been trying to generate a positive impact to use the lockdown time wisely. As you read through this edition, you will know what experiences NSNites have had even in the lockdown. Our social media handle has not been more active than it has been in the last 3 months, buzzing with lockdown stories. It has been a year of “Breakthroughs”. You will know more as you read on. Students of class 10 had mixed feelings with the historical decision of cancellation of board exams, some relieved and some feeling deprived of being able to show their full potential.

As we slowly go back to our work and social lives in the new norm realising that conversations are a little awkward as masks cover up most of our non-verbal gestures, we also realise masks cover only our faces but not our expressions, not our emotions, not our celebrations, not our feelings of humanity. In this edition, you will encounter all of this.

So keep smiling with your eyes!

With more prayers for sanity, humanity and normalcy.

SACRED SPACE



The Year of Breakthroughs !

NSN has been featured in a bestselling book called The Breakthrough by Megha Bajaj. It features the stories of eleven personalities who had the courage of choosing what is right, over easy - individuals who decided to co-create their destiny with complete Faith in the Divine. The book tells you the story of Lalitha Menon and how she began NSN in a little room in her home. The force that powers thousands of students each year, began with all of two children!



In this book you read of how Chitra Prasad took the reigns of the school and the kind of values being instilled in every NSNite.

Adding another feather to her cap, with more responsibilities towards the society, the Correspondent Mrs. Chitra Prasad, has been selected as a Goodwill Ambassador and the co-ordinator for Chengalpet district for Plastic free Tamilnadu, at the state level, by a team under the honourable Chief Minister of Tamil Nadu.

KG News

Even as adults were baffled by the virtual world, our tiny tots adapted beautifully to the new way of learning. Teachers posted videos in the google class room and the little ones would follow them, be it Eurythmy, listening to stories, colouring, learning phonics etc. In September, teachers went live to interact with students which was a new experience for both, the teacher and the student. Our parents were very co-operative, which made the whole process easier. Each day of the week had something new to offer and the activities were segregated as below,

MAGICAL MONDAY
TUESDAY TREAT
WONDER WEDNESDAY
THROWBACK THURSDAY
FUN FILLED FRIDAY

We never missed out the fun either. KG had **COLOUR DAY** (<https://www.facebook.com/335638296633600/posts/1404678609729558/>) on 28/8/2020, where students dressed in red and spoke about a red object at home and videos were sent to us.

On **FUN DAY** (18/9/2020) parents were told to have family fun time with children and many of them shared pics too (<https://www.facebook.com/335638296633600/posts/1423834151147337/>)



PRIMARY News

Book Reviews

Apart from the regular classes, students were motivated to read books and write reviews for the same. They were given e-certificates every Friday for the books read. Many of the reviews were also published in bookosmia.com, a global premier writing platform for kids.

Session by the student counsellor

The student counsellor conducted an online interactive session for the students of class 3, 4 and 5 on different



days on the topic, "Journey to be Fitter", "Healthier and Happier". Students were highly involved and sent their learnings and feedback through creative colourful posters.

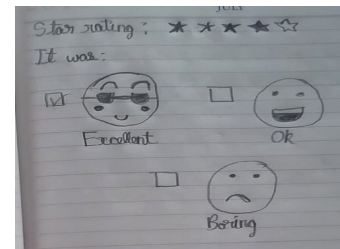
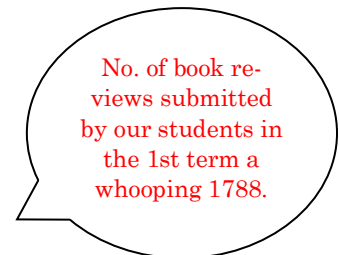
Session by Young Indians

Students had a live exclusive Facebook session organised by the Young Indians (Yi), a movement for Indian Youth to converge,

India's future.

Topic : "Water Champions" for students of class 3 to 5(29/7/20).

"Kutti kid cop" for students of class 1 and 2 (28/8/20)(28/8/20).



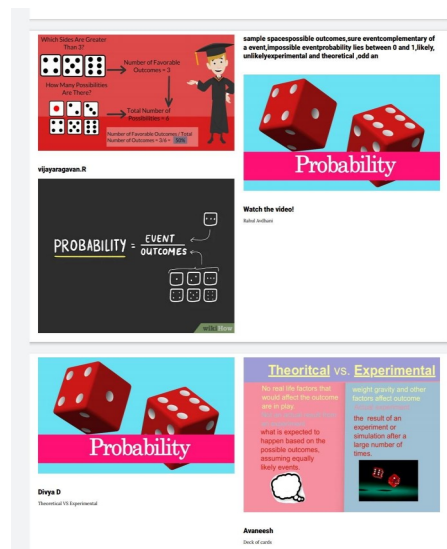
MIDDLE SCHOOL News

Book reviews

Students of middle school also wrote a number of book reviews which got published in bookosmia.com

Session by the student counsellor

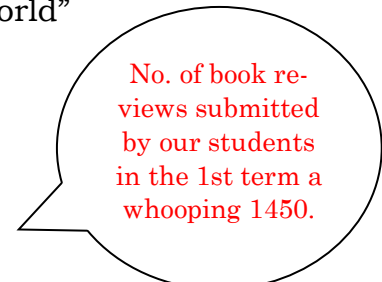
The student counsellor conducted an online interactive session for the students of class 6,7 and 8 on ways to unleash their potential and stay motivated even during the lockdown. The session was called the "Magic key to open the lockdown".



Session by Young Indians (27/7/20)

Students of class 6 to 8 had a live exclusive Facebook session organised by the Young Indians (Yi), a movement for Indian Youth to converge, lead, co-create and influence India's future.

Topic : "Digilante, How to stay safe in the Digital world"



HIGH SCHOOL NEWS

Principal's session

The respective principals addressed students of class 10,11 and 12 virtually. It was to motivate them to use their potential to the best and sensitise them on their responsibilities.

Session by Student counsellor

The student counsellor addressed the students of 9 to 12 on the following topics. "Magic key to open the lockdown", an interactive session to unleash their potential, "Time management" on how to make the most of the time on hands.

Session by Young Indians (27/7/20)

Students of class 9 to 12 had a live exclusive Facebook session organised by the Young Indians (Yi), a movement for Indian Youth to converge, lead, co-create and influence India's future.

Topic : "Digilante, How to stay safe in the Digital world".



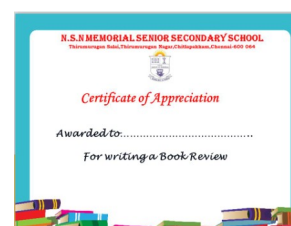
X STD ROLE PLAY - NATIONALIST MOVEMENT IN INDIA

E-CERTIFICATES



To keep our students motivated and competitive, they were awarded with E certificates every month for prompt submission of assignments. Students of class 1 to 8 were awarded with e certificates every Friday for the book review submitted every week. This indeed helped in keeping the spirits high.

No. of on time certificates issued
3959



STAFF DEVELOPMENT PROGRAMS

The pandemic caused widespread school closures which left teachers scrambling to find ways to support students from afar through distance and online learning. Initially it did seem like a daunting task, but our teachers underwent a number of trainings and attended many webinars to be empowered. Apart from the usual staff training programs, our teachers underwent 315 trainings and webinars. All this further helped them create a sustainable and engaging distance learning experience for students. Some of our teachers' content also got selected to be featured on the Diksha App, an E Learning app of CBSE.

“Technology will not replace great teachers but technology in the hands of great teachers can be transformational.”

George Couros

CLUB ACTIVITIES

Students were not deprived of the fun way of learning through club activities. All students of class 6 to 9 could experience more than one club which is usually not the case.

CLUB DAY: 1 (25/07/2020)

Wellness Club

What better way than to start off with the wellness club! In this pandemic, wellness is all that matters.

Students were told to make a poster/collage/video/PPT/song on the Topic, "COVID - 19-You maybe here to stay, but we will keep you away". They surprised us with all the innovative ideas.



CLUB DAY 2: (1.8.2020)

PRAKRITI NATURE CLUB

Creativity is making a marvel out of what is discarded. Recycling trans-



forms things like magic. Students were told to make the best out of waste. Our environment enthusiasts once again surprised us with their involvement.



CLUB DAY 3: 12/9/2020)

VEERAMAMUNIVAR ILLAKKIYA MANDRAM Students were challenged to showcase their Tamil speaking skills. They described a specific

memory/incident from their childhood in a 2 minute video and quoted a Thirukural or Tamil proverb that matched the incident.

Club day 4 (19/09/2020)

GALILEO SCIENCE CLUB

Students were told to surf the net and find new inventions or trending news in the field of science and choose any one fascinating invention and share the facts. They were told to share one thing that they would like to invent to create a better world.



CONNECTING LIVE

The Correspondent Mrs.Chitra Prasad went live on FB to connect with students and parents. The first session was on 27/6/2020 for the benefit of the Primary students on the topic, "Discover Yourself" where the correspondent spoke about the need to have a



routine and discover one's own potential even in the pandemic.

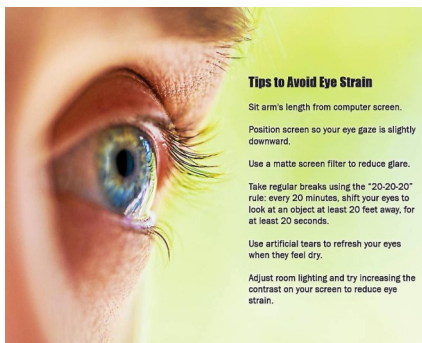
The second session on 12/07/2020 was for parents, on the topic, Parenting, "A Blessing and A Beautiful Journey".

HEALTH AND SAFETY

NSN's Health and Safety team made sure they took care of the physical and mental health of both students and staff.

In the interest of students who would like to be counselled and never feel deprived of being able to talk to someone, an exclusive mail id was created to communicate to the student Counsellor. This was done to ensure our students' emotional health, which is far more important than any other factor.

Tips to tackle eye strain were sent periodically to children to protect their eyes due to prolonged screen time.



Tips to Avoid Eye Strain

- Sit arm's length from computer screen.
- Position screen so your eye gaze is slightly downward.
- Use a matte screen filter to reduce glare.
- Take regular breaks using the "20-20-20" rule: every 20 minutes, shift your eyes to look at an object at least 20 feet away, for at least 20 seconds.
- Use artificial tears to refresh your eyes when they feel dry.
- Adjust room lighting and try increasing the contrast on your screen to reduce eye strain.

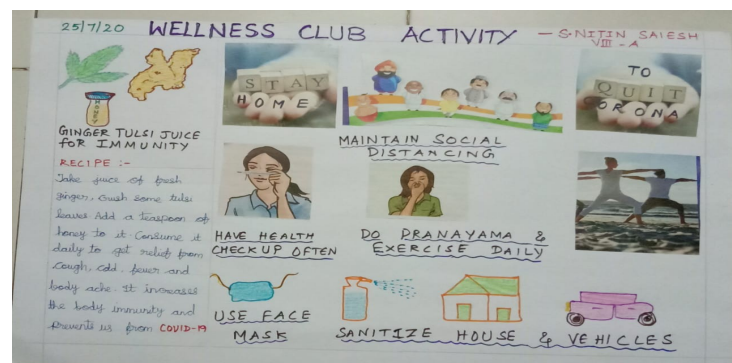
Messages on the need to have the right posture was sent to both staff and students to avoid body strain due to prolonged hours of sitting.



The correspondent addressed the teachers to sensitise them on the reality of the current scenario and how one can overcome the stress of the same by being grateful and practising non-doing and many more ways to stay calm and happy.

The student counsellor conducted a session for the teachers to help them create a work life balance and equip them to work from home in a stress free environment.

Parents are sent health tips and ways to stay safe every Sunday on the parent app.

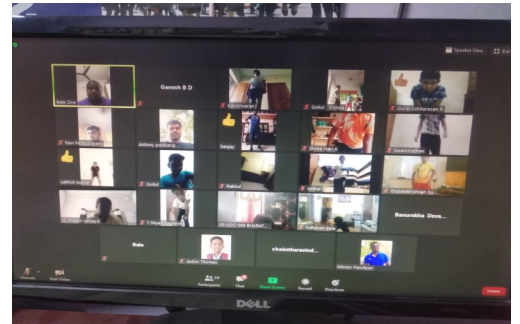


PHYSICAL EDUCATION

The pandemic put us all in the confinement of our homes with very less physical activity. The physical education department however ensured our NSNites kept moving by sending them videos on simple exercises that can be done indoors to improve their overall strength and stamina.



The primary students were motivated to make use of the maverick app which got them moving. Students who were part of the school games teams and athletics, also had live zoom sessions with the physical education department to work on their skills. Apart from this, our students were challenged with



“one minute challenges”, ranging from planks to push ups, performed by the PT staff to stay motivated.

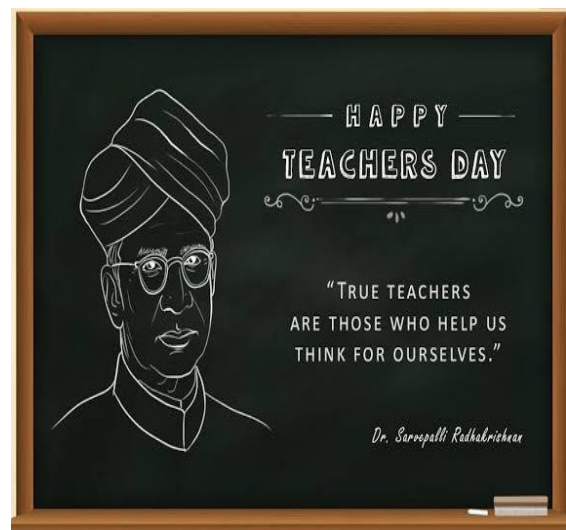
TEACHER'S DAY

This is one day that is dedicated to the teaching fraternity and teachers are showered with love in the form of wishes, cards, entertainment. The pandemic did not stop us from making this a memorable day for the teachers. The 3 schools got into zoom meetings with the respective Principal and Vice Principals.

The correspondent had the privilege of attending all the 3 sessions and addressed the teachers, congratulating them on their efforts and wishing them further success. Teachers of all levels were celebrated for their contribution to the child's growth and a video of a child from each level was played to wish them and show their love.

A pre-recorded video of the student council was played where they wished their teachers on the zoom platform.

As is the culture of NSN, certificates are given to teachers who go the extra mile and beyond the call of duty. This year E Certificates were given to the teachers for their contributions in various platforms. As a team, we read the 11 point oath, which is otherwise read every single day before we start the day. Every moment was heart touching and it was indeed a memorable day.



INDEPENDENCE DAY

The NSN Group of Schools celebrated the 74th Independence Day virtually. Activities ranged from tri colour crafts by KG, dress up like a prominent Indian for primary students, posters on India in my little mind in middle school to finally a presentation on India's breakthroughs in science, technology and art by high school students. Students logged into their live class for a 30 minute virtual celebration. The celebration started with a virtual tour of incredible India followed by Pre-recorded speeches by students in English and Tamil, where services of the doctors and sanitation workers, the read COVID heroes were acknowledged, along with saluting the heroes who were martyred in the Galwan Valley of Ladakh.

The celebration ended with students viewing the compilation of their contributions. Students were elated with this virtual celebration, as they enjoyed connecting with their friends and teachers along with their families. The tricolour was hoisted in all three schools by the respective Principals. The spirit of freedom was held high even in this pandemic situation.



SPECIAL DAYS

International Yoga Day (21/06/2020) keeping up with the theme "yoga for health, yoga at home", students practiced yoga with their families.

KARUNA DAY (27/07/2020), students were motivated to be compassionate to the stray dogs in the neighbourhood. They were encouraged to feed the little friends following all safety measures.

World Nature Conservation Day (28/07/2020) Students were sensitised to pause and reflect on the usage of resources.



KARUNA DAY

Feed the stray animals in your neighbourhood

DO'S

- *Get permission from your parents
- *Wear your mask/gloves while feeding the animals
- *Keep a safe distance while you feed the little friends

VIRTUAL INVESTITURE CEREMONY

Leaders are not born but are made. The investiture ceremony marks the entrusting of responsibilities on the young deserving leaders of the school who would lead the school with dedication, determinations and devotion.

The first ever virtual investiture ceremony of NSN Group of schools was held on 29.08.2020. The function was presided by the respective Principals. The newly selected prefects were introduced to the gathering and were felicitated with prestigious batches.

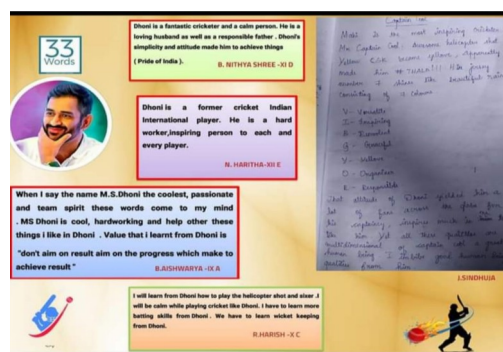


Once the new office bearers were invested the oath was administered to the selected council of students. The students pledged to uphold the dignity and tradition of the school.

The newly appointed head boy and head girl expressed through their speech about the endeavours they wish to take up during the academic year 2020-2021. The Student council was congratulated on their new venture and were appreciated for donning the mantle of responsibility. The leadership skills honed at school will help them march forward, confidently, to face challenges in future. Indeed, it was a day to cherish in the history of NSN.

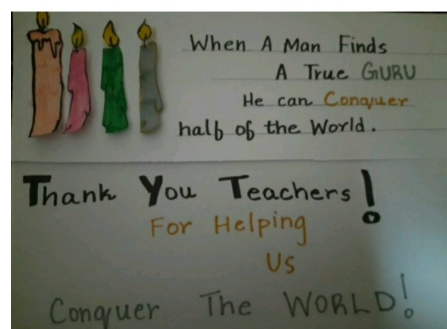
EXPRESSION IN 33 WORDS

Students posted their expressions on various trending topics. Right from talking about life in the new normal, their views on the National Education Policy 2020, Learnings from Dhoni, the captain cool, to their responsibilities as they step out, they nailed it all. Here are a few interesting reads.



GURUVANDANAM

Guru enlightens and inspires us to aspire for more. On Guru Poornima students showed their reverence to teachers - expressing gratitude for showing them the path to success and accomplishments gracefully, even in the Pandemic. They made beautiful thank you cards for their teachers and shared it in the Google classrooms as a token of respect, love and gratitude. Their love and respect was heart touching. Take a glimpse here "<https://www.facebook.com/335638296633600/videos/2724183214461587/>

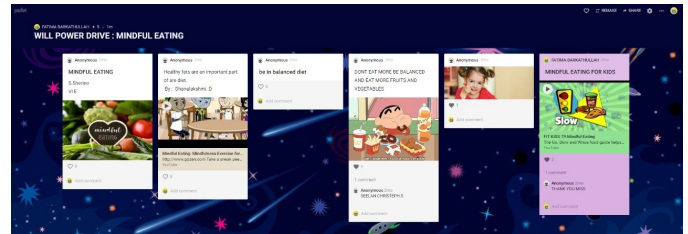


NSNs Best practices

Team NSN tried to keep all the Best practices on ,even on the virtual platform.

Will power Drive

•The year was flagged off with the will power drive of writing a GRATITUDE JOURNAL which is proven to improve the happiness quotient . Students are motivated to maintain a gratitude journal not just for 21 days but to make it a lifetime habit.



•MINDFUL EATING reduces binge eating, improves quality of health and makes you feel better. Students were sensitised on using the approach of mindful eating to ensure healthy eating habits.

•To enjoy the glow of good health, one must exercise. High levels of fitness boosts immunity, stamina and strength. Students were motivated to be active by utilizing the MAVERICK app and the exercises shared by the Physical Directors. The next Will Power Drive “HEALTH SET GO”.

By waking up at a stipulated time, we train our mind for larger goals. By following a routine in waking up and sleeping at the same time everyday, we get closer to our goals. The next challenge was of "Waking up and sleeping at a fixed time" - the first step in "Dhinacharya".



The experience of all these challenges and their progress was conveyed by children through Padlets.



GOOD Finders

During this lockdown, we have seen many people turn into HEROES, who have helped others in many ways.



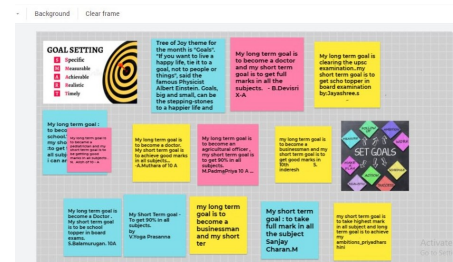
Be it a layman helping the poor, a celebrity getting people back home, an apartment community helping the covid affected or even someone in our own family who has done something good. Humanity still exists and the world is filled with goodness. As being a good finder is a culture in NSN, our children googled these people and wrote a word of appreciation for them, and sent us who inspired them the most and



why.

Tree of Joy

Students were encouraged to use the jamboard on google meet to write their thoughts as they would on the “Tree of Joy”. They wrote their goals, achievements and qualities they loved about themselves. The tree may be a virtual one but did have real roots.



ACHIEVEMENTS and ACCOLADES

Here are the achievements of our Rocking NSNites, who have added glory to the institution.

Miraclyn Genelia V-G successfully completed the Virtual Zoo Ambassador Program from 18th May to 28th May 2020 conducted by Arignar Anna Zoological Park Vandalur and has been entitled as Zoo Ambassador of Vandalur Zoo for a Period of One Year.

Ishita Achary, III A of NSN Memorial Senior Secondary school, has set a record titled, 'Youngest to write Ramayana' under India Book of Records 2021. "<https://bit.ly/2CYSacq>".



Odisha girl becomes youngest to write Ramayana within 22 days

Vaibhav H (I E) has been appreciated by India Book of Records for achieving and maintaining 100 percent attendance for two years in classes LKG and UKG, writing English and Tamil alphabet neatly, reading 68 easy and difficult words, at the tender age of 5 years and 7 months, as confirmed on March 19, 2020. "<https://indiabookofrecords.in/appreciation-vaibhav-h/>".

Lingesh R (IV E) has won the II PLACE in the Online Yoga Competition conducted by Asana Andiappan College of Yoga & Research Centre conducted on 15th Aug' 2020 and in the State Level Art Competition 2020-2021 organised by Centre for Indian Arts Resources and Training (CIART), Mumbai conducted on 11th Sept' 2020.

K.S.Rithik (III B – NSN Memorial Sr. Sec. School) secured the first rank in the State Level Art Competition – 2020 – 21' conducted by Centre for Indian Art Resources and Training (CIART), Mumbai and got eligible for participating in National Level Art Competition.

Samuel Prabhu (VI A) has won the great goals baby league U10 category in football.

Vaibhav G of III D acted in an award winning best Tamil Short film "Hello" which teaches a lesson to every human.

'Journal Writing' which had appeared in all the editions (at National Level) of "The Hindu - In School" during April, 2020.

K.S.Rithik of III B secured the first rank in the State Level Art Competition 2020 – 21' conducted by Centre for Indian Art Resources and Training (CIART), Mumbai and got eligible for participating in National Level Art Competition.

<http://www.nsnschools.com/chitlapakkam/inter-school/>

<https://www.nsnschools.com/chromepet/inter-school/>

<http://www.nsnschools.com/memorial/inter-school/>

COLLECTIVE VIBES FOR POSITIVITY

No matter where every NSNite hails from ,no matter where every staff is placed ,when it comes to prayer, the whole NSN FAMILY comes together. The family being UNSTOPPABLE observes the Infini minute together. At 11.00 am, all students from class 6 to 12 login to their live class with their class teacher and be with themselves and observe the Infini minute at 11.11. All other staff gather together on another platform and do the same. This 10 minutes of non doing, which is otherwise a ritual in NSN, is to collectively pray for the pandemic to end.



NSN ALUMNI

The culture of NSN is to magnetise positivity by releasing thoughts with powerful intent. The news of an alumna Mrs.T.Vatsala being honoured as one of the 12 scientists who received INDIA'S HIGHEST SCIENCE AWARD SHANTI SWARUP BHATNAGAR PRIZE FOR 2020 which was announced during the foundation day of the Council for Scientific and Industrial Research (CSIR) only goes on to validate the same.

Link : <https://m.hindustantimes.com/science/shanti-swarup-bhatnagar-prize-2020-12-researchers-receive-india-s-highest-science-award/story-mpguVPsNq7U60SY8fnXo4K.html>



CONNECT WITH US

NSN is proud to connect with the alumni who have placed NSN on the world map. It is always a pleasure and a moment of pride to hear from our alumni.

Google us:

<https://www.nsnschools.com>

Send us your testimonials:

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nsncpttml@gmail.com

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