



# N.S.N GROUP OF SCHOOLS



## CHRONICLES OF THE SECOND TERM 2020-2021

### VISION

To take education beyond and build a new World.

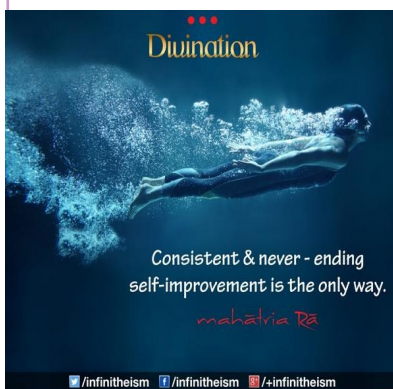
### MISSION STATEMENT

“To provide wholesome education that nurtures values, develops social skills, enhances experiential learning, leading to development of 21st century skills, provides opportunities to discover self and contribute to the society”.

### WHAT'S IN

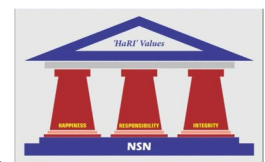
- HaRI VALUES
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- CCA, CLUB & SPECIAL DAYS
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### SACRED SPACE



### 'HaRI' VALUES

We believe in the core values of Happiness, Responsibility and Integrity and our endeavor is to instill these core values in students to enable them to achieve holistic growth and develop a charming personality. In order to support the HaRI values, we have 50 best practices <https://www.nsnschools.com/best-practice/> Social contribution is an integral part of NSN as we believe in giving to society. <https://www.nsnschools.com/social-contribution/>.



### Covid Support:

This academic year the management has waived an income of rupees one crore six lakhs, twenty four thousand and ninety eight towards fee exemption / concession, out of which 9 lakhs was waived for students whose families' economic status has been affected by the ongoing pandemic.

### A Note from the Editor:

Soaring into 2021 with HOPE, envisioning a better future with the optimism that mankind will win this battle against the obnoxious nanoparticle which continues to press the panic button. While the Government has eased restrictions on restaurants and malls, schools continue to function online. Whoever thought we would spend almost 10 months working/teaching/learning from home! HOPE stayed like a beacon throughout, helping us steer through the festive seasons and enjoy the cheer and lights. We continue with the HOPE of seeing each other on the other side of the pandemic. While uncertainty grips the present, we @ NSN remain committed to what we do best, provide quality education to generation next. Smart and confident NSNites, is our promise to the world. We continue to strike an upbeat tone even in this pandemic be it through our Exclusive Leadership club, Infini Day Celebrations or the interactive sessions with inspiring personalities from the book, “The Breakthrough”! Read on to know more.

Stay safe and stay HOPEful!

## Unearthing success - Hero of October

The correspondent, Mrs. Chitra Prasad was chosen as the hero of October, as an independent initiative where inspiring stories of successful people are shared. A final interaction went live on Facebook with Mr. Sunil Soni, Founder & Director at Pause and Play, after a couple of interactive tidbits.

Watch the videos to know what values the correspondent lives by, what's her vision for NSN and much more. Don't miss the FB session to see her witty side during the rapid fire round.



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## KG News

Live class started for LKG & UKG in the month of September.

In order to keep children focused and not isolated, activities such as Yellow day(29.10.2020) and Blue day(11.11.2020) were organized in the month of October and November respectively. The children dressed up in that particular colour and spoke a few lines about the object related to it.



A talent show was conducted in the month of November (06.11.2020 & 07.11.2020), to bring out their creativity and imagination, to enhance their communication skills.

No. of Talent show certificates issued: 517

Children's Day was celebrated in a manner to showcase their inner talents and this boosted their confidence level.

E - certificates were distributed to motivate and appreciate the students who were regular to all the live classes and also for participation in Talent show.



Assessments were conducted to check on the learning levels of the students so that extended support can be given.

No. of certificates issued for live classes: 684

## PRIMARY News

### Book Reviews

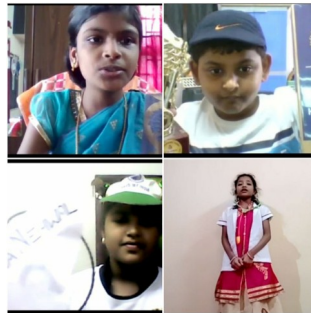
Reading provides a multi-dimensional exposure to children. The students continued writing book reviews each week and were awarded with e- certificates for every single book review. This honed their reading skills too.

### Talent Show

At NSN, we always strive to provide horizontal exposure

and vertical expertise to children. A Talent Show was initiated for primary children with the intent of boosting their communication skill.

Std. I & II children had the opportunity to participate in



“Fancy Dress— Community Helpers” and spoke a few sentences about their favourite Community Helper.

Std. III-V children participated in “Role Play- Imitate a Famous Personality.” Children participated with zeal and zest. An e-certificate was awarded to all the students acknowledging and motivating their participation in the Talent Show.

## MIDDLE SCHOOL

### News

#### Book Reviews

Students continued writing book reviews each week and were awarded with e- certificates for every single book review.

Student of Middle school wrote a number of book reviews which got published in Bookosmia.com

No. of book reviews submitted by our students in the 2nd term - 2495.

## STUDENT COUNSELOR'S SESSIONS

10/10/2020 for XI and XII

17/10/2020 for IX and X

The student counselor conducted an online interactive session on “Beat the Stress” for the students of IX to XII on account of Mental Health Day. The session focused on empowering students to destress themselves by identifying the sources of stress and its effects at physical, psychological and behavioral levels. The session also highlighted the importance of healthy coping strategies and understanding of the subconscious mind.



The student counselor also conducted an online interactive session on 03/10/2020 for the mentors of all levels on several ways to inculcate study skills in students through teaching.

A student who has no study skills  
is like a person with a driving  
license but can't drive.

*Respectus Revancha - QUOTES.COM*




## HIGH SCHOOL NEWS

The school observed National Students Day on 15.10.2020 by initiating the “No Plastic Drive” to create awareness among students on “Plastic Pollution Free Tamilnadu Campaign”. A poster making competition was announced to bring out their innovative ideas to life.

### EXPRESSION IN 33 WORDS

An interesting question was sent to students on every month to kindle their thoughts. “It is time to talk aloud to yourself – Positive self-talk”; “What is your biggest fear?” “How do you see yourself overcoming that fear?”

are to name a few. Students surprised us through their creative expressions. Here are a few interesting reads.

POSITIVE SELF TALK		
The way you talk to yourself can really impact your confidence. The effect can be good or bad depending on whether your self-talk is positive or negative. Self-talk is basically your inner voice, the voice in your mind that says the things you don't necessarily say out loud. We often don't even realise that this running commentary is going on in the background, but our self-talk can have a big influence on how we feel about who we are.	I am strong I am determined and successful I am always unique I am confident I am a loving person I am calm and confident I am a worthwhile person I am powerful I am in control of my choices I am healthy I am moving towards my goals I hold my head up high I am proud of myself I am a good listener I love to learn new things I believe in myself I am contented I am generous I accept myself I always think good to others	 <p>Hey Bhavagya, are you feeling stressed?...feeling so low on self confidence,feelin like the whole world is turning upside down?..... don't worry, things will fall in place eventually. Just look forward and move on. You can do it if you want to! Always believe in YOURSELF. Have faith and move ahead , you will reach your destination! And please don't overthink and cry for silly reasons. Stay strong! Be happy!</p>
-Nawfa.N (X A)	-Sai Snehith.P.V (X B)	-Bhavagya.S

### PRINCIPAL'S SESSION

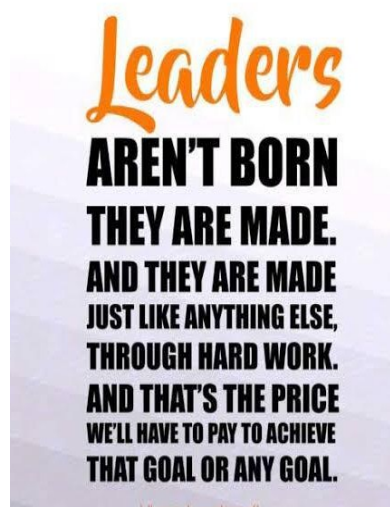
The respective Principals addressed the parents and students of class 10,11 & 12 virtually to throw light on the way forward for board examinations. The objective of this meeting was to gear them up to get prepared for their forthcoming exams. There was a good response from the parents. The address included Q & A session too. The parents came forward to clarify their concerns and also appreciated the management and the staff for the effective online classes.

## LEADERSHIP CLUB

Leadership Club is an exclusive club initiated this year with an objective to groom leaders by instilling leadership qualities. A total number of 250 students were inducted into the club. The club kick started with a brainstorming session on trending topics to enhance communication skills. The session by the Correspondent on “Qualities of a leader” was an excellent opportunity given to the budding leaders. Management skills were learnt by students through planning for events like birthday party,

farewell party etc.

Guest lectures and fun filled activities were on the list to enable students to discover the leader within them. A session on “Attitude of an Achiever”, was conducted by Mr.Keshav M,Founder and CEO of Mantra, a motivational speaker, to get insights on how to become an achiever.



## INFINI DAY CELEBRATIONS

Infini Day, that time of the year where we focus on making right choices, to show gratitude, to grow in abundance and to live a beautiful life. Celebrations were for 11 days, with a theme for each day.

### DAY 1 : “Breakthrough”

Students spoke on the topic, ‘Things that I have done for the first time during the Lockdown’ using the Flip grid platform.

### DAY 2 : “Holistic Abundance”

Students showed a picture of their favourite personality and justified that holistic abundance is important to achieve success.

### DAY 3 : “I am unique”

Students spoke about their uniqueness in a live class with their class teacher and collectively took the OATH OF ORIGINALITY.

### DAY 4 : “My life my responsibility”



Students created a road map to show how they will achieve their goals and shared the same in GCR

### DAY 5: “Gratitude and disturbance cannot coexist”

Students created a gratitude jar and dropped in an expression of gratitude for something or someone.

### DAY 6 :”To love and to be loved”

Students created a greeting card for the various relationships that they are grateful for in life and posted it as a picture collage.

### DAY 7 : “The power of counter choices to consequences”

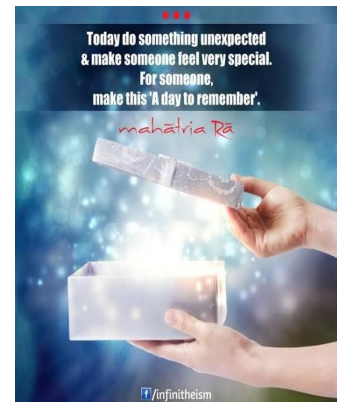
Students shared a challenging situation that they faced and the choices they made to overcome the same

### DAY 8 : “To be. To do. To have. To give”

Students wrote about 11 qualities they need to develop by which they can be useful to the world.

### DAY 9 : “Energy plus Intelligent Effort plus Faith in The Energy”

Students spoke about a personality (actor /sports person) who works hard and at the same time has immense faith in God



which has given them great success.

### DAY 10: “Desires become deservingness only through Consistent Directed Self motivated Intelligent Effort”

Students defined their goal and created a strategy to achieve the same.

### DAY 11: “Accept the unchangeable. Change the changeable. Remove yourself from the unacceptable”

Students shared their experience on how they turned around a situation or relationship.

**Motivational Talk** was delivered by the students of Std IX to XII in English and Tamil and the videos were sent to 28 schools. The videos were also posted in Facebook and Instagram.

<https://www.google.com/url?q=https://www.facebook.com/335638296633600/videos/1555172858204421/&sa=D&source=hangouts&ust=1610097939286000&usg=AFQjCNEIRfvhC6eJS76-NryBXG1JDOIP7w>

## BREAKTHROUGH SESSIONS

**Students of class 6 to 12 enjoy the privilege of being part of the 'Breakthroughs in Education' program,** a first of its kind in the world with an active engagement module where the showcased characters in the book, "THE BREAKTHROUGH" come to life and speak with the audience to inspire them on different life skills in a fun and engaging way.

The whole program is moderated by the Bestselling Author of the book –the young and dynamic Megha Bajaj who has been a much sought-after personality in the literary and education field in the country. The USP of the program is meeting and interacting with the 11 Trailblazers featured in the book, who are icons in their respective fields. Each session is followed up with a worksheet, which give students further insight and help them reflect.



### Session 1 -11.11.2020

In the introductory session, Students were made to understand the meaning of the word "Breakthrough", by answering a few questions and reflecting on what they love about themselves.



### Session 5-09/12/2020

### Session 2 -18/11/2020

The second session dealt with something each one of us go through: Fear. Mr.Nitin Nyati, one of the trailblazers from the book, spoke to children on how they can tackle and overcome fear.

The fifth session was truly an inspiring session for everyone. Dr Raj-deep Malwani, an academician, life coach, motivational speaker, TedEx Speaker, recipient of President's Award for being the Role Model for those with disability, changed the way one looks at life.

### Session 3-25/11/2020

The third session helped students overcome fear of expressions and especially public speaking. They got ideas and insights from the author Megha Bajaj and a speaker who has been awarded best speaker award on various forums, Mr. Sridhar Ranganathan.

### Session 6-16/12/2020

The sixth session between Megha Bajaj and Trailblazer Guru Prasad Makam focussed on how one can develop better social skills, make more friends and become more popular.

### Session 4-02/12/2020

The fourth session focussed on the one quality which is the need of the hour- RESILIENCE. Dr.Asha Vijay, one of the trailblazers shared her experiences through an interactive session.

Please make a list of 5 people you love in your life – your family, your friends, your teachers and yes even yourself – and think of that one quality that you really like in them. When we identify what we like in people and focus on it – we help them and ourselves.

MOTHER	SHE WILL BE KIND	SHE WILL NOT HURT ME
FATHER	GOOD DECISION MAKER	KIND
AUNT	MOTIVATOR	GENEROUS
FRIEND	GIVE COMPANY	SHARING
TEACHER	GUIDANCE	FRIENDLY
GRANNY	AFFECTIONATE	GOOD COOK



## CLUB ACTIVITIES

### CLUB DAY: 5

(03/10/2020)

#### Ramanujan Math Club:

To commemorate 'Math story Telling Day' which is celebrated every year on 25th September, students were made to share math jokes, math songs, recipes using math, puzzles, etc in appreciation of all the ways math enhances our daily life. Students were asked to take up any one activity of their choice or share their own story of math adventures as a child and post it as a video/pictures/write ups/poster etc.

### CLUB DAY: 6

(10/10/2020)

#### Tagore English Club:

Students were asked to speak/write on the 'Importance of foods /the types of foods/exercise, meditation and food and their impact on mental health through a one- minute video/write up .This served a dual purpose of skill enhancement and awareness on mental health.

### CLUB DAY: 7

17/10/2020

#### Sanskriti Heritage Club:

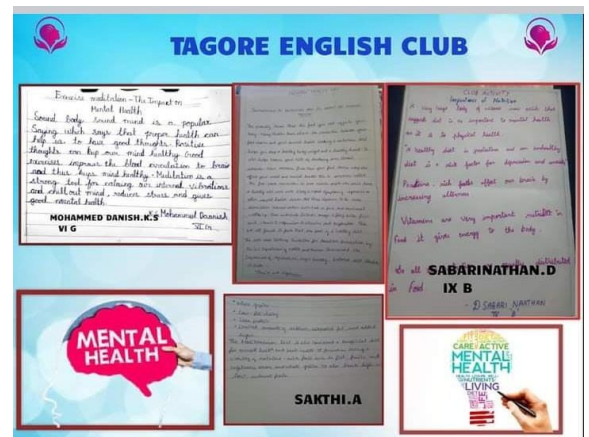
India, the land of diversity is known for its rich traditions. 17th October being World Food Day, students were given an opportunity to explore Traditional Indian Foods by interviewing their grandparents or elders and finding out traditional dishes that were a part of the daily menu. They were asked to share about any one such traditional dish through a two-minute video.

### CLUB DAY: 8

24/10/2020

#### Karuna Club:

The theme for the Karuna Day was chosen as "Care for the Environment" so as to protect the environment by observing "Plastic Free Challenge". Students were asked to go around their house and make a list of all the plastic items, take pictures and send ideas on how they could be replaced.



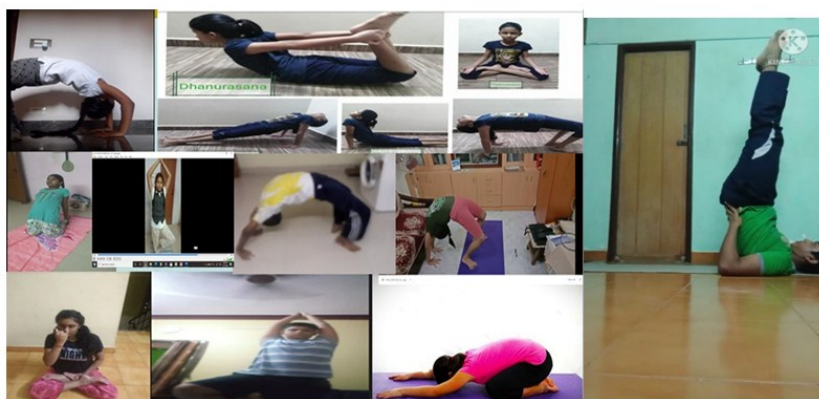
## PHYSICAL EDUCATION

The physical education department continued to send simple exercises to students to keep them fit and healthy even in the pandemic. Yoga videos were also sent by our PT staff to keep the student's body and mind healthy.

which help in improving their agility, flexibility and endurance. "One minute challenges" like hip bridge, superman, jumping jacks, squats continued to motivate them.



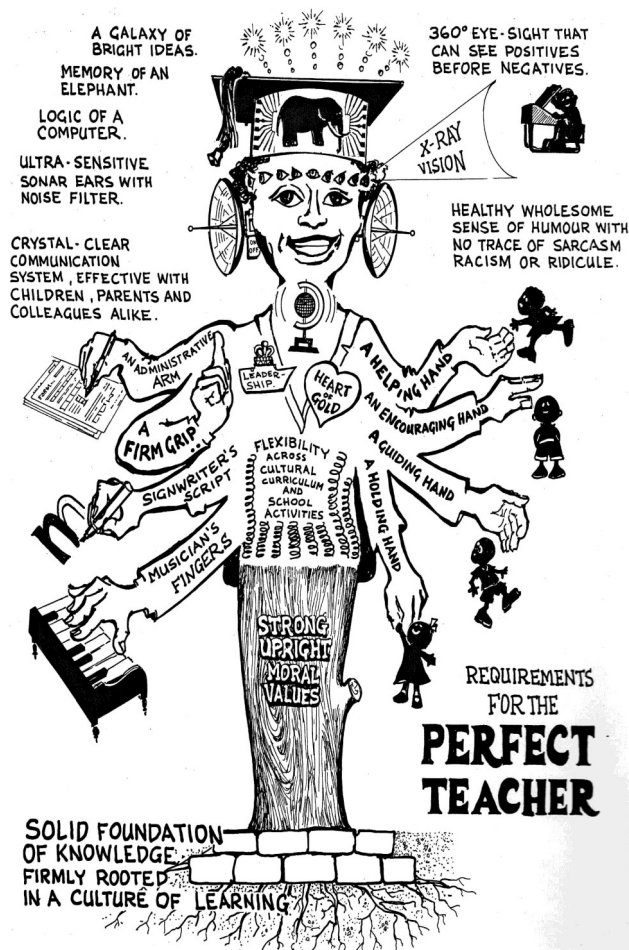
Mr. Natarajan, Assist. Commissioner customs IAAF \_ level 2 Coach, shared tips with the PT Department on how to work on the skills of students for games like Basketball, Football, Handball, Volleyball etc. Live athletic fitness training was given for students



## HEALTH AND SAFETY

NSN's Health and Safety team made sure they took care of the physical and mental health of both students and staff. In the interest of students who would like to be counselled and never feel deprived of being able to talk to someone, the student always had the guidance and support of the Student Counsellor through an exclusive mail id. This was done to ensure our students' emotional health, which is far more important than any other factor.

An online session was conducted on "Work - Life Balance" for mentors by Mrs. Maheswari, Former Principal of Vidya Mandir, Estancia, to help them create a work life balance and equip them to work from home in a stress free environment. Parents are sent health tips and ways to stay safe every Sunday on the parent app.





## NO PLASTIC DRIVE

No Plastic Drive for Plastic Free Tamilnadu was initiated by NSN Group of Schools and we are very proud to state that our correspondent, Mrs.Chitra Prasad has been chosen as the Goodwill Ambassador of the Chengalpattu district. A structured 3 phase plan has been initiated for the same.

Phase 1: Awareness to Stakeholders.

Phase 2: Evidence of Change in NSN.

Phase 3: Awareness to schools in Chengalpattu district with evidences of change.

NSN took up the process of Registration towards the Guinness World Record in the Plastic Pollution free TN and completed the process with a total strength of 725 students.

### Phase 1: Awareness to stakeholders

Students of VI to XII prepared posters on the theme 'Say No to Plastic' and the best posters were sent to the neighbouring schools encouraging them to support the ambassadors of NSN.

An awareness video shared by NGTM was shown to the students and also sent to 290 schools in Chengalpattu district as a part of the initiative.

**Phase 2:** We have initiated the evidence of change by sending a message to the staff and students to identify all plastic things they use and make a list and tell how they replaced the same and send in the form of videos/ pictures to the school mail. NSN's endeavour to build a New World which will be plastic free, pollution free and a zero waste did not stop with this. As a part of Karuna Club activity, students of classes VI to IX were given a "Plastic Free Challenge" and were asked to share their ideas on how to replace the plastic items at home.



## WASTE MANAGEMENT DRIVE

Giving students the chance to be a HERO even while they stayed at home, the Waste management drive was initiated in NSN GROUP OF SCHOOLS joining hands with the NGO "CHITLAPAKKAM RISING". Students were sensitised to recycle and reuse materials like plastic bottles, old CDs, containers.



They surprised us with their creativity by making attractive pen stands, flower vases, showpieces, flower pots, piggy banks, drip irrigator, plastic bottle flowers, jewellery stand, and much more. They also spoke in the flip grid platform about the importance of 5 R s and how they applied the same at home. This drive is a yearlong one and will play an important role in protecting the environment and building a sustainable tomorrow for all of us.

## NSNs Best practices

### Will Power Drive

Doing what one loves is the cornerstone of having abundance in our lives. Children were encouraged to pursue their passion and create time for their hobby on a daily basis and experience the satisfaction it gives them through the Will Power Drive, “Uncover Your Passion”.

Students were encouraged to have fun with words by taking up the challenge of learning minimum three new words a day through the Will Power Drive, “Build Your Own Dictionary”. They shared their learnings in the Google Classroom and challenged each other to break the record.

Understanding that Mobile Phones – the games, Social Media consumes the productive time of the students, the Will Power Drive of “Not Playing Mobile Games” was initiated. They were directed to focus on reading to expand their wings of imagination. The experience of all these challenges and their progress was conveyed by children through Padlets.

### Tree of Joy

Students were encouraged to use the jamboard on google meet to write their thoughts as they would on the “Tree of Joy”. They shared about the leaders who inspired them and the qualities that they would like to imbibe. The students also listed the qualities that they would like to acquire to become a leader. Next comes the hobbies which helped them to unravel their talents. The Tree of Joy served as a forum of positivity and inspiration.

Leadership is not a magical gift but a set of skills that you can acquire and practice. Who is your favourite leader? Why? Which quality would you like to imbibe from him/her? Look within. List out the qualities that you would like to

My great inspiration is DR. BR. AMBEDKAR because he is always considered to be a great leader in all time. I wish to acquire leadership qualities, character, passion, decision making one, humanity etc. -S.SURYA 10-D

One my inspiration is DR. BR AMBEDKAR.. because Ambedkar has worked a lot and even his contribution has really helped a lot for the development of the progressive India. ... Ambedkar is considered as a great leader

My inspiration is MS dhoni. His best quality is being cool. he is often called captain cool. He would be calm in pressure situation. One can learn how to handle pressure in tough situation from him

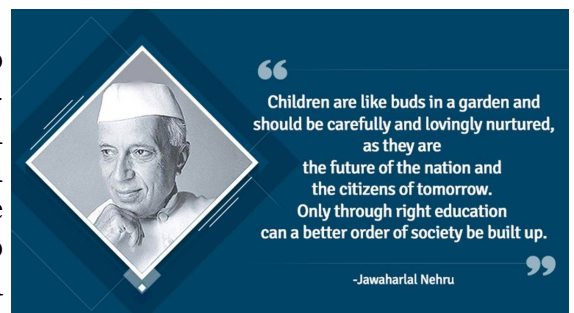
My favorite leader is Indra Gandhi because as a women she made great efforts to become a political leader and her quotes always encourage each and every individual...

One of my inspiration is women sports players like Sania Mirza, pv Sindhu, mithali Raj and so on... they give me an motivation for not only working hard but working smart and time management

My another inspiration is Elon Musk . Hearing about his hard work one can get motivated. He 85 hours a week .

## CHILDREN'S DAY CELEBRATION - ONLINE TALENT SHOW

Virtual Children's Day was celebrated from LKG to Std XII to bring joy and happiness to the children. An E-card was sent to the children on 14/11/2020 wishing them for Children's Day. On 16/11/2020 students came in civil dress for the live class and were motivated by their class teachers to exhibit their talent. The Class teacher prepared a padlet mentioning three good qualities of each child and that was read out in the class. That was indeed a different experience for the teachers and students which spread joy in the class.



“  
Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow. Only through right education can a better order of society be built up.  
”

-Jawaharlal Nehru

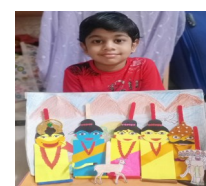
## Special Days

### **World Mental Health Day:** 10.10.2020

To create awareness on Mental Health, various activities were planned for the month of October. An awareness message and a video on the importance of mental health was sent to students. They were asked to make a collage on “Happy moments in Life”. Stress management sessions were conducted for high school students and teachers. A list of 11 tips on how to care for mental health, was also sent to the teachers.

### **Traditional Day:**

On 26.10.2020 students celebrated Indian traditions by learning to make puppets, a traditional art form. They scripted stories and also choreographed puppet dances. On 18.12.2020 the theme was Heritage of India. Students were taken on a virtual tour and were asked to share their views on which monument interested them and why.



### **Karuna Day:** 30.10.2020

To instill a sense of compassion towards human beings, students were asked to share something with at least one underprivileged person and send a one minute video on their experience.

### **Environment Day :** 05.12.2020

To commemorate World Soil Day , students were told to create posters or photo cards about soil organisms, their importance and ways to protect them. “Keep the soil alive, Protect soil diversity” was the theme.

### **Healthy Food Day:** 12.12.2020

To harp on the need to strengthen the immune system and on the theme ,students were asked to create posters to list out ways to boost their immune system .“ Immune boosters – Combat diseases” seemed like the most apt theme.

## STAFF DEVELOPMENT PROGRAMS

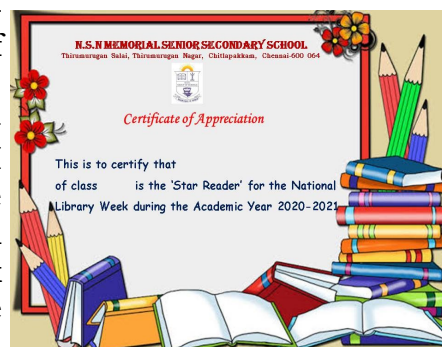
Teachers attended many training sessions to change their teaching styles to suit our Students’ needs. These training sessions helped our mentors to plan their time better and stay organized. Our teachers underwent 161 online training sessions, apart from the guidance from subject experts, competency training and training sessions by NABET.





## NATIONAL LIBRARY WEEK

National Library week was observed from 17/11/2020-20/11/2020 for students of Std III to IX .Students of Std 3 to 5 read and narrated a story in their live class. Students of Std VI & VII read a story and made a collage on the illustration of the story. Students of Std VIII & IX read and made a storyboard on what they have read. The 'Star Reader' award was given to students in each section who submitted maximum number of book reviews. These activities triggered children to enhance their reading skill.



YAY!!!Number of Star readers --Primary: 54; Middle School: 48

## CONNECT WITH US

NSN is proud to connect with the alumni who have placed NSN on the world map. It is always a pleasure and a moment of pride to hear from our alumni.

### Google us:

<https://www.nsnschools.com>

### Send us your testimonials:

[nsncpmtml@gmail.com](mailto:nsncpmtml@gmail.com)  
[nsnmemtml@gmail.com](mailto:nsnmemtml@gmail.com)  
[nsncpttml@gmail.com](mailto:nsncpttml@gmail.com)

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<https://www.instagram.com/nsnmemorial/>