

February 2023

Volume 9,
Issue 9



MISSION STATEMENT

VISION

To take Education beyond and build a new World.

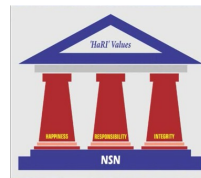
“To provide wholesome education, to all classes of society, that nurtures values, develops social and leadership skills, enhances experiential learning, leading to development of 21st century skills, provides opportunities to discover self, become smart and confident NSNites and contribute to the society”.

‘HaRI’ VALUES

WHAT’S IN

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We believe in the core values of Happiness, Responsibility and Integrity and our endeavor is to instill these core values in students to enable them to achieve holistic growth and develop a charming personality. In order to support the HaRI values, we have 53 best practices. <https://www.nsnschools.com/best-practice/> Social contribution is an integral part of NSN as we believe in giving to society. <https://www.nsnschools.com/social-contribution/>



@NSN
WE CARE

The Management has waived a revenue of more than ₹1,21,13,640 towards fees exemption/fees concession, for meritorious students from underprivileged families.

EDITOR’S NOTE

“Strength does not come from physical capacity. It comes from an indomitable will.”

-Mahatma Gandhi

SACRED SPACE



Following a strict fitness regimen calls for the highest order of commitment to one’s own self. “Fitness February”, the theme for the month, recalls the resolutions that we took at the onset of this new year, reminds us to take stock of the number of days we worked out diligently without citing any excuse to deviate from our routine. Regular physical activity is one of the most important things we can do for our health. Being physically active can improve our brain health, help manage weight, reduce the risk of disease, strengthen bones and muscles, and improve our ability to do everyday activities. A road map to fitness with short term and long term goals would help us in the long run. Accomplishment of short term goals calls for a celebration to stay motivated and look forward to achieving long term goals. The body achieves what the mind believes in, gear up and let us be consistent in our efforts.

S. Meera



THE LIVING LEGEND, SMT. LALITHA MENON

5th June 1968, saw the birth of NSN CHILDREN'S SCHOOL, with a humble beginning of just two children as the strength of the school, in the suburbs of Chennai. She was everything in the school, always pitching in as a multi-faceted personality. Whenever Life pushed her, she dusted herself and bounced back like a phoenix bird. Her Life is a message unto us that with Faith as the source of strength, humongous possibilities will unfold in our lives with upward spiral growth to achieve most and more. She is none other than the doyen in the field of education, the iron lady who is known for her grit and resoluteness, Smt. Lalitha Menon. A stalwart who leads by example by exhibiting the highest order of work ethics and values has groomed thousands of students and empowered the teachers associated with her. Her life stands as a testimony to all of us to hold on to our Faith and discharge our duties with dedication, discipline and devotion, sending a strong message that anything is possible in Life, if we align ourselves with the Cause.



She always dreamt of giving the best platform for the children to excel, nurturing the budding minds, chiselling their future, grooming them to be holistic individuals, who will contribute to the society.

Here we stand in the year 2023, the school that had a humble beginning is now the "TEMPLE OF TRANSFORMATION" to 5700 NSNites pursuing their education in this esteemed institution. NSN continues to prepare students for Life with the blessings of the Almighty and our revered Founder.

90TH BIRTHDAY CELEBRATION OF OUR FOUNDER, SMT. LALITHA MENON, THE LIVING LEGEND

NSN GROUP OF SCHOOLS celebrated the 90th birthday of the legendary Founder, Smt. Lalitha Menon, on 28th of February, 2023. The students of Std. VII & VIII rolled out the red-carpet for an overwhelming reception to welcome the beloved Founder along with the school band. The students performed dance programs, rendered a song on the legend and also presented villuppaattu to dedicate on her birthday. The staff also performed a flash mob and danced to the surprise of the audience. The alumni shared their experiences in NSN with the founder, through a video. It was indeed an emotional experience for all.



BOUQUET OF THANKS



“Bouquet of Thanks” is celebrated on 28th of February, which is our Founder Smt. Lalitha Menon’s birthday, with an objective of instilling an attitude of gratitude to the house keeping staff and security, who ensure the cleanliness, hygiene and safety of the students and the staff members. Children



made bouquets and cards and presented them to the support staff in the assembly to express their gratitude for their exceptional service.

NATIONAL SCIENCE DAY



National Science Day 2023 was observed with the theme, “Global Science for Global Well-Being”. The students dressed up like different scientists and welcomed their friends. They displayed various projects like Waste management across countries, Science behind traditional practices and chemistry in our daily life which kindled their scientific temper.



PRIMARY ANNUAL SPORTS DAY 2022 - 2023(CBSE)

The primary students of NSN Memorial Senior Secondary School celebrated the Annual Sports Meet on the 9th of February '23. The Chief Guest was Ms. Vasanthi Vishwanathan, Principal, Vels Vidhyashram Senior Secondary School, Pallavaram and the Guest of Honor was Mr. Suresh Kumar, a professional cricketer.

The sports meet began with the March Past of the students of Ahimsa, Dharma, Karuna and Sathya house led by the school band, followed by the state players of NSN and the Cubs and Bulbuls.

After the marching contingents assembled, the flag was hoisted by the Guest of Honour, Mr. Suresh Kumar, who declared the Sports Meet open and lighted the Olympic torch.

The opening ceremony began with a fabulous dance performance of our students, followed by the captivating mass drill by the little buds of class I and II. Then the martial art of karate was demonstrated by our young warriors. This was followed by the students performing Silambam to showcase the significance of the ancient Indian Martial Art.

The field events started with a few track events and the champions were honored by the Chief Guest, Ms. Vasanthi Vishwanathan & Mr. S Suresh Kumar. Then the events for the parents were conducted and the winners were awarded by the Chief Guest.

Finally, the closing ceremony started with serene performance of yoga by the students followed by a demo of physical literacy program, Maverick, by our tiny buds. Finally, the program came to an end with the closing March Past and the de-hoisting of the flag. On the whole, it was a spectacular Sports Meet.



HIGH SCHOOL ANNUAL SPORTS MEET(CBSE)

NSN Memorial Senior Secondary School celebrated the 11th Annual High School Sports Meet on 10th February 2023. It was a solemn celebration where the Chief Guest, Dr. Sankara Narayanan, Principal of Sree Gokulam Public School, Nennelli, Chengalpattu, and the Guest of honour, Mr Sridhar Ranganathan, Co-Founder and CEO of the Med tech Enterprise HELYXON- IIT Madras, graced the occasion.



The ceremonious occasion started with the opening march past followed by the lighting of the Olympic torch and the solemn Oath taking ceremony. The cultural bonanza included Mass drill, Human pyramid, Karate and Silambam display. A captivating Yoga was performed by 160 blindfolded students demonstrating the various types of asanas which stunned the audience. A well-coordinated Western dance performed by 295 students, was a great feast to the eyes. The field events for the selected champions were conducted. The closing ceremony was led by the best-marching contingent followed by the other houses marching in order of their scores, led by the Band major with the School band. The winners of the various sports events and individual championships were honoured by the Chief Guest with prizes and certificates.

NSN ANNUAL SPORTS MEET (MATIC)

If there is one field of life which teaches the most valuable lessons about patience, perseverance and perfect character, it is sports. On the 11th of February, 2023, after a hiatus of two years to the lingering fear of the Covid-19, NSN celebrated one of its most signature events, the “54th Annual Sports Day.” The opening ceremony was a feast to the eyes with the colourful march past and oath taking pledge to uphold the honour and spirit of true sportsmanship. The audience were in for a visual treat as the primary students performed the flower drill and maverick exercises. The human pyramid appealed to the patriotic feeling. The performance of the Silambam, Karate and Yoga students was eye catching. The band with its music was heartwarming and kudos to the dancers who brought about a thought-provoking theme on the KGF. The entire show brightened more with the presence of our distinguished Chief Guest Mrs. Devika Dinesh, Principal, Sunshine Chennai Senior Secondary School and the esteemed Guest of Honour, Mr. Jestes Antony, Football player and Coach. The guest honoured each event and the retreat marked the splendid end of the day.



FAREWELL PARTY FOR STD. XII (CBSE)

A farewell party for the students of Std. XII, NSN Memorial School was organized by the students of Std. XI in the school campus on 11.02.2023. The events were well organized and was executed impeccably, which showcased the leadership skills of Std. XI students. The amazing dance performances, the music ensemble and the wonderful singing by the eleventh students made the day a memorable one. Students of Std. XII shared their thoughts about their journey in NSN. The farewell ended well with the words of wisdom from the Correspondent and warm wishes from the mentors.



SCOUTS AND GUIDES ANNUAL DAY

The three uniformed troops (Cubs and Bulbuls, Scouts and Guides and JRC) of NSN Group of schools celebrated their Annual Day on 25th February 2023. Mrs. Arul Mary D, Leader Trainer Guide, was the Chief Guest who was welcomed by the Colour Party, followed by the salutes and greetings of the three troops.

The students put up a display of their talents through various forms like song, dance, mime and skit. The programme commenced with a patriotic dance, which was followed by folk dance by the Cubs and Bulbuls. The skit by the JRC

students shed light on its motto 'Health, Friendship and Service'. The dance by the Scouts and Guides on Swachh Bharat was an impressive display bringing out the hazards of discarding garbage nonchalantly and the importance of cleanliness. The mime by the Scouts and Guides on Patriotism and patriots brought goose bumps to the spectators. The skit on Jamboree was very informative and gave an insight into the procedures that take place in a camp. It was a memorable programme which boosted the self-confidence of the performers and reiterated the need to uphold the motto of their respective troops. The highlight of the Annual day was the camp fire. Children sang songs gaily and returned home with wonderful memories.



CHRYSALIS DAY

Chrysalis Day was observed on 15th and 16th of February, for the students of Std IV to IX. The students presented their learning through projects using different software. Mr. Balasubramanian, the EZ Vidya resource person, was the Chief Guest for the Middle School level and Mr. Karthikeyan was the Chief Guest for the Primary level, who witnessed all the project presentations. Std. IV students presented on topics like Monuments of India, Healthy Food, Exercise, Inventions of India and Inspiring Leaders of India in Open Office Impress. Std. V students created a game in Green foot. They also designed a poster to advertise a vehicle in Ink scape. Std. VI students presented a Poster promoting space tourism in 2050 and Portfolio of top 3 entrepreneurs in GIMP. Std. VII students presented Website on Digital Life in 2050 and Website on Musical instruments of India in HTML. Std. VIII students presented a Website on Tech for the future and a Website on Indian Tourism in PHP and HTML. Children had an enriching learning experience through the project presentation. The Chief Guests gave their feedback and appreciated the students for the excellent presentation.



SCIENCE EXHIBITION AT MIT COLLEGE



On account of National Science Day, a Science Exhibition was conducted on 28th February, 2023, at MIT college, Chromepet. The session started with a speech by Dr. Venkatesh, a Scientist in Ocean technology. The students witnessed the projects that had been exhibited and learnt about the Science behind every experiment.



CORRESPONDENT'S SESSION FOR THE STUDENTS APPEARING FOR BOARD EXAMS



The Correspondent, Mrs. Chitra Prasad, addressed the students of Std. XII, who are taking up the board examination. The session focused on channelizing the students to plan and prepare well so that they are confident and not stressed. The students were motivated to be consistent in their efforts to achieve outstanding results.



CLUB DAY 6 - KARUNA CLUB

The students were introduced to the objectives of the club. Student talk on "How should I be treated by my peers?", triggered the thought in the students that they should be compassionate towards their peers. Additionally, students watched animated movies, "Let's Eat" (that centers on a mother and a daughter) and "Umbrella"- inspired by true events and filled with messages of Empathy and Hope about a boy who lived in an orphanage. Students shared their views on the same after watching the movies.

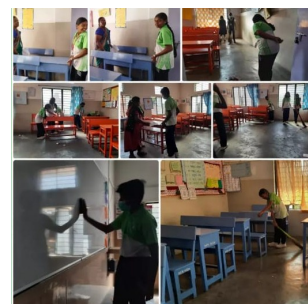


ALL FAITH PRAYER BY SCOUTS AND GUIDES OF STD. VI TO VIII



CLEAN MY SCHOOL CAMPAIGN BY STUDENTS AND TEACHERS.

17.02.23 - DHARMA HOUSE.
23.02.23 - KARUNA HOUSE



JOY OF LOVING

Joy of Loving was celebrated on 14.02.2023 by the students of Std. III to XII. February 14th is a day assigned to give students an opportunity to express their love for their parents through a letter. They experience the joy of loving and to be loved.

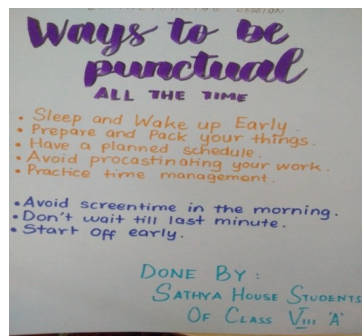


VIRTUAL SESSION ON "PREPARING FOR BOARD EXAM" FOR STD. X AND XII PARENTS BY THE STUDENT COUNSELLOR

The session was conducted on 04/02/2023, for Std. X and XII parents to educate them and create awareness on the stress and difficulties that the students would undergo. The session aimed at sharing the techniques to handle the students who are taking up the board examination by being a pillar of support and encouragement for the children to prepare well for the board exams.

BRAINSTORMING SESSION FOR THE STUDENTS OF STD. VI TO VIII.

Brainstorming is an effective way to find solutions for all challenges. At NSN, we want our children to become solution finders. The session took place on 16th February, 2023 on the topic, "The ways to be Punctual at all Times." Students of class VI to VIII brainstormed about the topic and came up with possible solutions.



**Certificates
for Book re-
view I to VIII
1061**

Distribution of Club Competition certificates for Std. I to XII



Rajapuraskar Test Camp at State Training Centre, Alathur for select students of Scouts & Guides on 15.2.2023 & 16.2.2023.



HEALTHY FOOD DAY

Students of Std. VI to IX observed Healthy Food Day on 02.02.2023. They explored about the Indian food and its health benefits. Students shared recipes and information about the nutritional importance of the recipes.



TRADITIONAL DAY

Traditional Day was observed on 16.02.2023(Thursday) on the theme “Traditional Food”. The students brought the traditional food cooked by their grandmother/mother for lunch. They enjoyed the delicious food brought and shared the recipe of the same with their friends.



DEAR TIME (Drop Everything And Read) observed on 14.02.2023

Will Power Drive “HUMANE”

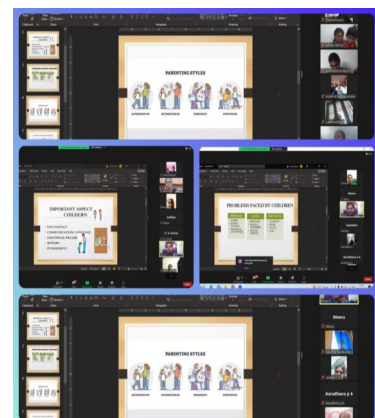
The Theme for February month’s Will Power Drive was, “Humane”. The students were given weekly activities like feeding the animals, preparing their own bird feeder and feeding the birds, helping the needy and they shared their experiences in the class. We sincerely believe that these activities would instill the value of being humane and empathize with others. These activities will help them understand that small acts of kindness without any expectation will spread love and happiness.

MUN (MODEL UNITED NATIONS) SESSION FOR THE STUDENTS OF STD. XI BY DR. BHANU SHANKAR

MUN session was held on 04.02.2023. Students role played as delegates of 20 countries. The Model United Nation is an academic stimulation conducted with the goals of understanding about the United Nations, educating participants about world issues. The discussion was part of UNICEF about elimination of child labour. The delegates discussed about child labour, its factors and impact throughout the world. The delegates discussed solutions such as strict government policies, to support NGOs and other social workers, to provide sanctions and allowances, to implement child labour monitoring systems, etc. Certificates were distributed at the end of the session for the participants.

STUDENT COUNSELLOR’S SESSION - LEARNING WITH YOUR CHILD

A session on, “Learning with your child” was conducted for the Kindergarten parents, by the Student Counsellor. It focused more on the importance of parenting and the difficulties parents face in bringing up their toddlers. Different strategies to handle the children were explained in the session. The session was very interesting as there was a very good participation from the parents.



**Certificates for
full attendance
for KG to XII**

3387



CAPACITY BUILDING PROGRAMME – UPHOLDING INTEGRITY AND ETHICS



A capacity building programme on " Upholding Integrity and Ethics" was conducted by Mrs. Padmini Sriram for the mentors on 25-02-23. Mentors were given a clear overview on various topics such as, steps to ethical design, honesty, respect, understanding integrity, cognitive dissonance, etc. Videos were shown and several activities were conducted throughout the day which gave a clear picture on the topic. It also emphasized on the importance of inculcating integrity and value of honesty in children. The mentors actively participated in the workshop.

CAPACITY BUILDING PROGRAMME - ART INTEGRATION WORKSHOP

A Capacity Building Programme on “Art Integration” was conducted on 04/02/2023 by Mrs. Vasumathy Srinivasan. She gave a clear picture on art integrated activities and art activities. She also explained the three forms of art – Visual, Performing arts and Digital with examples and activities. Teachers were grouped according to their subject and a difficult topic was given to write a lesson plan to incorporate art form to teach the topic. Teachers understood that Art is a way of learning and exploration for students and teachers. Thus, art integration in curriculum paves way for easy learning and active participation by the students. Overall, the session was very interesting and informative.



ACHIEVEMENTS AND ACCOLADES:

- ◆ Qualified for Level-II in International English Olympiad Exam (SOF),
- ◆ Sherene R (IV A), Jessica Rachel S (VI A), Maukthika Mari M S (VII A), Mehreen Fathima (VII A).
- ◆ SOF-International English Olympiad Exam:
 - Krithika J (III A), Sherene R (IV A), Sai Dharshan M (IV C), Samiksha Sree S (IV C), Nakshatra Ajay (VI A), Jessica Rachel (VI A), Chashmitha V (VI C), Mehreen Fathima (VII A), Kevin Ethan John J (VII C), Varuni R (VII C) - Won Gold Medal of Excellence & Maukthika Mari M S (VII A) - Won Gold Medal of Distinction.
- ◆ Govardan of Std. VI won the FIRST prize in the Tennis match, hosted by Sairam Engineering College.
- ◆ Science Exhibition held at Sri Sankara Vidyalaya, Urapakkam. 1.
- ◆ Bathala Pradosh Nirmal (IX C), Pranavasri V A (IX A), Shanmathi S (IX A) - Second Prize in Quiz 2. Surya Balamurugan (IX A), Haashish P (IX B) - III Prize in Project 3. Deborah Charneta S (IX C) - Consolation prize.



- ◆ Pragathi D of Std III E has got the first place in the Annual Elocution competition conducted by Phonics Power.
- ◆ Mirshika of Std III C has won third prize in the 60 mts running race in Kids Athletic Meet sponsored by Eagle track club.
- ◆ P.A.SAI VISWESHWAR of Std I F has been awarded 1st Place in Common Yoga (under-08-category) in the State Level Yoga Championship - 2023 conducted by Andiappan Yoga Centre of Chennai.
- ◆ Mithila M of UKG E has won the Third prize in classical dance in the South India's Dance Talent Season.

CONNECT WITH US

NSN is proud to connect with the alumni who have placed NSN on the world map. It is always a pleasure and a moment of pride to hear from our alumni.

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nsncpttml@gmail.com

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