September 2024



Volume 4
Issue 4

VISION

To take education beyond the classroom and contribute to a better world

MISSION STATEMENT

To provide wholesome education in a conducive environment, inculcate values and skills, help in discovering one's potential, to become a confident individual and responsible citizen.

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'HaRI' VALUES

We believe in the core values of Happiness, Responsibility and Integrity and our endeavor is to instill these core values in students to enable them to achieve holistic growth and develop a charming personality. In order to support the HaRI values, we have 61 best practices.

https://www.nsnschools.com/best-practice/

Social contribution is an integral part of NSN as we believe in giving to society. https://www.nsnschools.com/socialcontribution/.





SACRED SPACE EDITOR'S NOTE



"Discipline is the bridge between goals and accomplishment." – Jim Rohn

September is a great time to embrace the value of self-discipline. After the 1st Terminal exams, students have a break, a well-deserved time to rest and recharge. However, with this period of holidays comes the opportunity to introspect and practice self-discipline. While relaxation is important, it's equally vital to maintain a balance between leisure and productivity.

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Self-discipline teaches us to use our free time wisely—whether revisiting challenging subjects, pursuing hobbies, or setting goals for the next term. By staying focused even during holidays, we can ensure continuous growth, and be well-prepared for the journey ahead. Students can practice self-discipline by setting small, achievable goals each day, like studying for a set amount of time, or completing assignments on schedule. Additionally, creating a routine and sticking to it helps build habits that make managing time and priorities easier, ensuring long-term success both in and out of the classroom.

This month, let's cultivate self-discipline and make thoughtful choices that contribute to both our well-being and future success.

Sujatha Jayaprakash.



NATIONAL NUTRITION WEEK (1.9.'24 - 6.9.'24)

1.9.'24 to 6.9.'24 was observed as Nutrition Awareness Week, a time to raise awareness on the value of nutrition and promote healthy living. A variety of student-focused programs were arranged.

STD I & II: The staff nurse delivered a PowerPoint presentation on healthy food.

STD III-V: An assembly presentation which featured a song on nutritious food, effectively increased awareness of nutrition's role in health, motivating students to embrace healthier habits.

STD VI-VIII: A campaign titled "Nourish Today! Thrive Tomorrow," was conducted.

STD IX-XII: Students participated in a talk, discussing the benefits of nutritious food.

A video promoting healthy eating was shown to students in grades I-X.







VINAYAKA CHATURTHI-SPECIAL ASSEMBLY - 2.9.'24

Students of Std IX & X, organized a special assembly for Vinayaka Chaturthi, starting with the lighting of the lamp and worship of Lord Vinayaka, followed by a devotional song. There was an insightful speech in Tamil on Lord Vinayaka's birth, significance, and the festival's importance. A skit depicted Vinayaka writing the Mahabharata for Vyasa, and his encounter with Lord Shiva. The event concluded with a joyful dance, celebrating cultural heritage with enthusiasm and devotion.











ONAM-SPECIAL ASSEMBLY - 4.9.'24

Students of classes VI to VIII, celebrated Onam with a vibrant assembly, showcasing Kerala's rich cultural traditions. The event featured performances depicting the legend of King Mahabali, Thiruvathirakali dance, and a lively reenactment of Vallamkali, Kerala's famous boat race. A spirited tug of war added excitement, while Onam songs and a playful flower-plucking scene for the 'Pookalam,' enhanced the festive atmosphere. The assembly beautifully combined education and entertainment, offering a deeper understanding of the festival and creating joyful memories for all.



PAPER BAG DISTRIBUTION BY THE JRC STUDENTS - 4.9.'24

The JRC students made a commendable contribution to environmental sustainability, by organizing a paper bag distribution drive. They skillfully crafted eco-friendly bags from newspapers, promoting creative alternatives to single-use plastics. By interacting with local shopkeepers, they raised awareness about the environmental harm caused by plastic waste, and highlighted the benefits of biodegradable solutions. The community warmly embraced their efforts, showcasing our school's commitment to sustainable living and inspiring collective action for a greener future.





PASSING OUT PARADE WITNESSED BY THE SCOUTS & GUIDES, JRC, NCC & BAND STUDENTS - 5.9.'24

Selected Scouts, Guides, JRC, NCC and Band students, attended the Passing Out Parade at the Officers Training Academy, St. Thomas Mount, where they witnessed cadets becoming commissioned officers, ready to serve the nation. The highly synchronised parade, showcased values of discipline, hard work, unity, and patriotism. It was a privilege for the students to witness future military leaders, leaving them with deep respect for the armed forces, and a renewed appreciation for their sacrifices.







TEACHERS' DAY CELEBRATIONS - 5.9.'24

Teachers' Day was celebrated enthusiastically by Std XII students to honour their teachers. The event featured a warm welcome, cake-cutting with the Correspondent, and adorning the Correspondent and Principal with sashes. Students expressed gratitude through performances, games, and gifts. The Management honoured teachers who went the extra mile, followed by a special lunch and gifts. The event was a joyful tribute filled with appreciation and celebration. A Student-Teacher competition was held for the students of Std XII, who took classes for Std VI to VIII, and were judged the best teachers in various subjects.



YELLOW COLOUR DAY- 6.9.'24

Yellow Colour Day was celebrated by the KG students with vibrant decorations and students dressed in yellow. The KG students participated in "Show and Tell," discussing yellow objects like mangoes and sunflowers. Ganesh Chaturthi festivities were incorporated, with students making flower garlands, laddoos, and turmeric Ganeshas.

Activities like sponge-dabbing, painting, and colour sorting kept the students engaged, concluding with group photos and a performance of "Mooshika Vahana." The joyful moments were shared on social media, making it a memorable day of creativity and learning.







CBSE ARYABHATTA GANIT Challenge (AGC) - 4.9.'24

The Central Board of Secondary Education (CBSE) organizes the Aryabhata Ganit Challenge (AGC) to foster critical and logical thinking skills by emphasizing the application of mathematics in real-life contexts. This challenge encourages students to explore the practical aspects of mathematics, going beyond mere theoretical knowledge. For the 2024-25 academic session, 75 students from grades 8-10 participated in the first level of the AGC, held on September 4, 2024. The top three performers have successfully qualified for the second level, which will take place online on October 4, 2024.

SCOUTS & GUIDES INVESTITURE CEREMONY - 2.9.'24 / 4.9.'24

The ceremony welcomed new Scouts and Guides, emphasizing leadership, service and teamwork, while honouring existing members. The event began with a welcome address, followed by prayer, flag songs, and the Scout/Guide Promise oath. The new members received badges, and were invested with scarves and woggles by the Principal and Vice-Principal, who emphasized the importance of being role-models, exercising self-control. The program came to an end with motivational speeches, that urged attendees to respect scouting principles and participate in upcoming events.













ALL-FAITH PRAYER - 9.9.'24

The Scouts and Guides conducted an All Faith Prayer, celebrating unity in diversity. Students from various faiths promoted compassion, tolerance, and understanding, strengthening bonds and instilling a sense of community. The event highlighted our shared quest for peace and harmony, despite differences.



CUBS AND BULBULS INVESTITURE CEREMONY - 11.9.'24

The Investiture Ceremony for the Cubs and Bulbuls was held at N.S.N. Memorial Senior Secondary School, for students who joined the movement this year. The Cubs and Bulbuls greeted the Vice-Principal with 'Welcome' claps. During the ceremony, the Vice-Principal presented the students with scarves and badges, after which they took their promise and expressed gratitude with 'Thank You' claps. The Vice-Principal addressed the students, emphasizing the importance of self-discipline, instilling moral values, and serving as a role model for others.





'FRUITS' THEME DAY - 18.9.'24

Our Play Group and Pre-KG classes, celebrated a vibrant 'Fruits' Theme Day, concluding a month-long exploration of fruits. The day featured a stunning fruit display, where students showcased their favourite fruits, and shared interesting facts. This interactive experience helped them recognize different fruits, expand their vocabulary, and understand the importance of fruits in our daily diet. The 'Fruits' Theme Day was a delightful blend of fun and education, fostering curiosity among our young explorers.

Colourful bites, happy smiles!





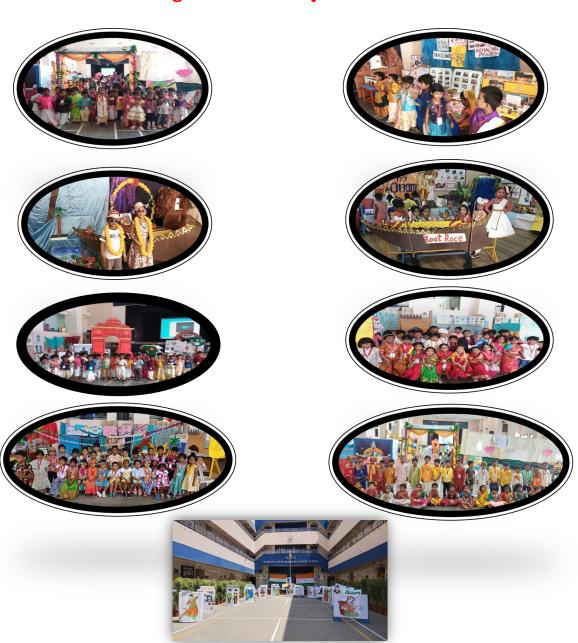




FUN DAY- EXPLORING THE DIVERSE STATES OF INDIA - 20.9.'24

Our Kindergarten classes organized a Fun Day, themed "Exploring the Diverse States of India," where the students showcased the unique cultures of 12 states, through models, charts, songs, and activities. Throughout the week, students participated in individual and group activities, discussing famous personalities, landmarks, cuisine, and singing regional songs. The event fostered open-mindedness, instilled cultural pride, and deepened their understanding of India's diversity.

Celebrating India's diversity in colourful costumes



FIELD TRIP TO RAILWAY MUSEUM



Students of Std 1 & 2 from NSN Group of Schools, enjoyed a memorable field trip to the Chennai Railway Museum, bringing their lessons to life. They explored three air-conditioned galleries—the ICF, Rail History, and Art Galleries—along with two non air-conditioned ones. The children were captivated by miniature train models, LED boards on the evolution of rail transport, and iconic

trains like the Ooty train, steam engines, and the modern Vande Bharat. The highlight was the toy train ride, complemented by animated shows like Tom and Jerry. The trip also included an informative session with the museum's Curator.



CUBS & BULBULS CAMP - 21.9.'24

The Cubs and Bulbuls' overnights camp was held at N.S.N. Memorial Senior Secondary School. The camp began with a flag hoisting ceremony and a fun activity, where children created 'Thank you' cards. They enjoyed an evening campfire, filled with songs and dance. The following morning included exercises and a lake hike. The camp fostered independence, team spirit, and self-confidence while imparting essential life and leadership skills, making it a memorable experience for all participants.







INTRAMURALS

Intramurals play a vital role in a school's extracurricular program, providing numerous benefits such as physical fitness, teamwork, sportsmanship, leadership, and social interaction. Recently, the kindergarten and Std IV students participated in intramurals held at NSN Memorial Senior Secondary School. Students participated enthusiastically in well-structured events, which enriched their physical, emotional, and social development, extending their learning beyond the classroom.



SUBJECT EXPERT SESSION FOR MATHEMATICS: 23.9.'24 / 27.9.'24

Mr. R. Rajendran, former Principal and Director of Education at BVM Global Group of Schools, led an insightful mathematics workshop for Std X and XII students of NSN Memorial Senior Secondary School. For Std XII, he delved into limits, differentiation techniques, and their applications in physics, while the Std X students explored trigonometric ratios, identities, and real-life applications. The sessions simplified complex concepts, fostered critical thinking, and ignited a passion for mathematics among the students.







SUBJECT EXPERT SESSION FOR PHYSICS - 24.9.'24 / 26.9.'24

Class XII students of NSN Memorial Senior Secondary School, participated in a valuable session on numerical problem-solving, led by Dr. Govind (Retd) Professor and HOD of SIVET College, Chennai. He emphasized effective chapter revision, the importance of repeated practice for retention, focusing on personal progress, and mastering formulas for seamless problem-solving. Dr. Govind also guided students through MCQs from previous year papers and demonstrated the application of Kirchoff's rules in network analysis, using questions from Terminal I examination. The session greatly enhanced students' problem-solving skills and exam preparation strategies.







SWACCH BHARAT- CLEAN MY SCHOOL CAMPAIGN

The Swacch Bharat campaign was conducted for students of STD VI - XII along with their teachers, to promote the importance of cleanliness and instill a sense of responsibility for maintaining clean surroundings.







STAFF DEVELOPMENT PROGRAMMES

CBSE CAPACITY BUILDING PROGRAMME ON CRITICAL THINKING & CREATIVE THINKING -10.9.'24 -11.9.'24

NSN Memorial Senior Secondary School, hosted a two-day Capacity Building Programme on Critical and Creative Thinking. Resource persons Mrs. Hemamalini and Mrs. Sundari, engaged mentors in interactive activities, to develop

critical thinking skills like Webb's Depth of Knowledge, situational inference, and problem-solving. The session also explored the neuroscience of creativity, introducing creative thinking types, and classroom strategies like fractionation and lateral thinking. The programme empowered mentors to enhance their teaching by integrating critical and creative thinking techniques.





POWER TEACHING SESSION- 13.9.'24 / 18.9.'24

The Power Teaching session, led by the Primary Vice-Principal, introduced the new KG and primary mentors to the benefits of this teaching method. Various classroom techniques, including Class Yes, Hands and Eyes, Teach Okay, Switch, Scoreboard, and Mirror Check, were elaborated upon, through engaging activities focused on classroom management. The session also covered five essential classroom rules to be followed in each class. Mentors actively participated in all activities, resulting in a valuable learning experience.









JRC TRAINING ON FIRST AID FOR MENTORS - 20.9.'24

Our school conducted a First Aid training session for selected mentors from grades VI to XII, led by expert trainers Pulavar R. Manickam and Mr. Mohana Venkatesan, from the Indian Red Cross Society. The session aimed to equip mentors with essential life-saving skills for a safer school environment. It highlighted the importance of timely first aid, covering essential techniques such as CPR, and emergency handling for situations like electric shocks, snake bites, and disaster-related injuries.

SESSION ON TEACHING METHODOLOGIES FOR III-V MENTORS - 20.9.'24

Mrs. Srividhya Venkatesan, a renowned teacher-trainer, conducted an insightful session for Std. III-V mentors, offering valuable strategies to enhance student engagement and retention. The session, which was organised by Ratna Sagar, began with an icebreaker, and linked participants' challenges to innovative teaching methods. Mrs. Venkatesan emphasized the power of teachers to inspire academic interest and shape students into well-informed citi-





REPORT ON ULLAAM PRE-CONFERENCE ON HARNESSING THERAPEU-TIC POWER OF ARTS FOR INCLUSIVE EDUCATION - 20.9.'24

The Ullam Pre-conference on the Therapeutic Power of Arts for inclusive education, took place at SANKALP, a Special Needs School in Poonamallee, Chennai. Led by Dr. Gitanjali G. Govindarajan, the workshop gathered special educators and professionals, dedicated to supporting individuals with disabilities. Beginning with a heartfelt prayer from SANKALP's special needs children, the event explored the transformative effects of music, movement, drama, and play on personal growth. Highlights included a lively drumming session and community dances, fostering joy and connection among participants.

SESSION ON IDENTIFYING THE COMPLAINTS RELATED TO VISION FOR STD. I - XII MENTORS ON - 18.09.24 / 19.09.'24

A session aimed at identifying vision-related complaints was conducted for mentors. The session focused on recognizing vision issues among both teachers and students, assessing their effects, and exploring potential solutions. Teachers shared how these vision problems impacted their productivity, leisure, and overall well-being. The speaker emphasized the importance of the 20-20-20 rule—looking at something 20 feet away for 20 seconds every 20 minutes—to help reduce eye strain. Overall, the session effectively identified key vision complaints, and highlighted the importance of preventive measures and lifestyle adjustments, to address these challenges.









STEM LAB TRAINING FOR PHYSICAL SCIENCE MENTORS - 20.9.'24

A comprehensive STEM lab training was organized for the physical science mentors of Std VI-VIII, to enhance their instructional skills in STEM education. The session covered key topics such as an introduction to robotics, microcontrollers with Arduino UNO, hands-on practice with breadboard connections, Arduino IDE installation, and experiments using light and dark sensors. Through this training, the mentors gained valuable practical experience in robotics and microcontrollers, empowering them to create more engaging and interactive learning experiences for their students.

PRM-I PERFORMANCE REVIEW MEETING - 21.9.'24

The performance review meeting was chaired by the Principal. The meeting facilitated a productive exchange of updates and insights. Each process owner presented their progress, outlining key processes and outcomes. Observers actively engaged by posing questions and offering constructive feedback, aimed at identifying areas for improvement. The discussions centered around innovative strategies to enhance process efficiency and elevate them to the next level. The meeting fostered a collaborative spirit, highlighting the team's commitment to continuous improvement and accountability.







SESSION FOR OFFICE STAFF - 26.9.'24

The session focused on promoting a healthy lifestyle for participants who use computers for extended periods. Key insights included exercises, dietary hab-

its, and lifestyle changes to reduce health risks. Attendees were encouraged to integrate these tips into their routines to enhance overall wellbeing. The session was well-received, with many participants expressing their intention to implement the strategies shared.







ACHIEVEMENTS & ACCOLADES- NSN MEMORIAL

NAME	CLASS/ SEC	SCHOOL	EVENT	PRIZE
YUGAN P	UKG 'G'		Drawing competition	Third prize
VIHAAN VAR- MAN T	UKG 'F'		Drawing competition	Second prize
RETHIKA RAJ	II 'H'		Individual Katha	First prize
RETHIKA RAJ	П 'Н'	NSN MEMORIAL	Kumite State Level Yoga Championship 2024	Third Prize
SHAMBHAVI	II 'D'	MEMORIAL	Drawing competition	Third prize
RAMCHARAN.S	I T		EL2 Level at the 18th Tamil Nadu State level Aba- cus and Mental Arithmetic Com- petition	Fifth prize
SRIRANJANI.S	I 'I'		EL2 Level at the 18th Tamil Nadu State level Aba- cus and Mental Arithmetic Com- petition	Second prize
ANIKA K	I 'D'		Open Category Level at the 18th Tamil Nadu State level Abacus and Mental Arithme- tic Competition	Third prize
VARSHA N	V 'C'		3rd International Open Karate Championship 2024	Second prize
VANATHI SAN- JANA	V 'A'		Tamilnadu State level Abacus and Mental Arithme- tic competition	First prize
V SANJANA	V 'C'		State level Karate	Third prize
			2024	

NAME	CLASS/ SEC	SCHOOL	EVENT	PRIZE
MADHIVATHANI P	VIII 'B'		Handwriting Contest	First prize
AMRITHA K A	VII 'A'			Second prize
JAI ADITYA N S	VI 'G'			Third prize
SINDTHUSREE K	XII D	nsn		English
YUVASHREE K	XII A	MEMORIAL		Tamil
VIGNESH K	XII A			Maths
AISHWARYA S	XII B		STUDENT - TEACHER COMPETITION	Physics
DHANYA M	XII C			Chemistry
HARISH A	XII A			Biology
JEYADEV J	XII B			Social science

ACHIEVEMENTS & ACCOLADES - NSN MATRIC

NAME	CLASS	SCHOOL	EVENT	PRIZE
YASHAWINI N	XII C			English
SRUTHI R	XII D		Student- Teacher Competition.	Tamil
NETHRA R	XII D			Maths
MANISHA S	XII B	NSN MATRIC HR.SEC.		Physics
SHAKETH	XII B	SCHOOL		Chemistry
VIDHYALAKS SHMI V	XII C			Biology
KAVI PRI- YANKA S	XII D			Social Science
Niranchana M S	VI B		Handwriting contest	First Place
Sharanya M S	VIII B			Second Place
Srihitha C H	VI C			Third Place
Srivathsan	III A.			First Place
Praveen	V A			Second Place
Nithilan	IV B			Third Place
Shreya. R	I B			First Place
Nathan Den- ny Thomas	II B			Second Place
Thanishka	II C			Third Place

CONNECT WITH US

NSN is proud to connect with the alumni who have placed NSN on the world map. It is always a pleasure and a moment of pride to hear from our alumni.

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